

Contact with fellow victims

We bring together people who have suffered similar experiences, allowing you to share your feelings and ask questions. We organise group sessions for various target groups.

www.slachtofferhulp.nl/en/fellow-victims

Contact with the suspect or offender

Contact with the suspect or offender of the crime or the person who caused the traffic accident may help you get an answer to any lingering questions. It can help you process the event. Perspectief Herstelbemiddeling, a restorative mediation service, can help you through this process. Find out more on the Perspectief website. We can also inform you on the different options and help you seek assistance.

www.perspectiefherstelbemiddeling.nl

Can we help you?

We understand it is difficult to look to the future following a traumatising event. But remember that you are not alone. Do not hesitate to contact us. We can help you, free of charge. You can rely on us even if you have not filed a police report.

Call us on +31 (0)900-0101. We are available Monday to Friday from 8.30 to 18.00 hours. Local rates apply. On our website you can find the different options to contact us:



+31 (0)900-0101
www.slachtofferhulp.nl

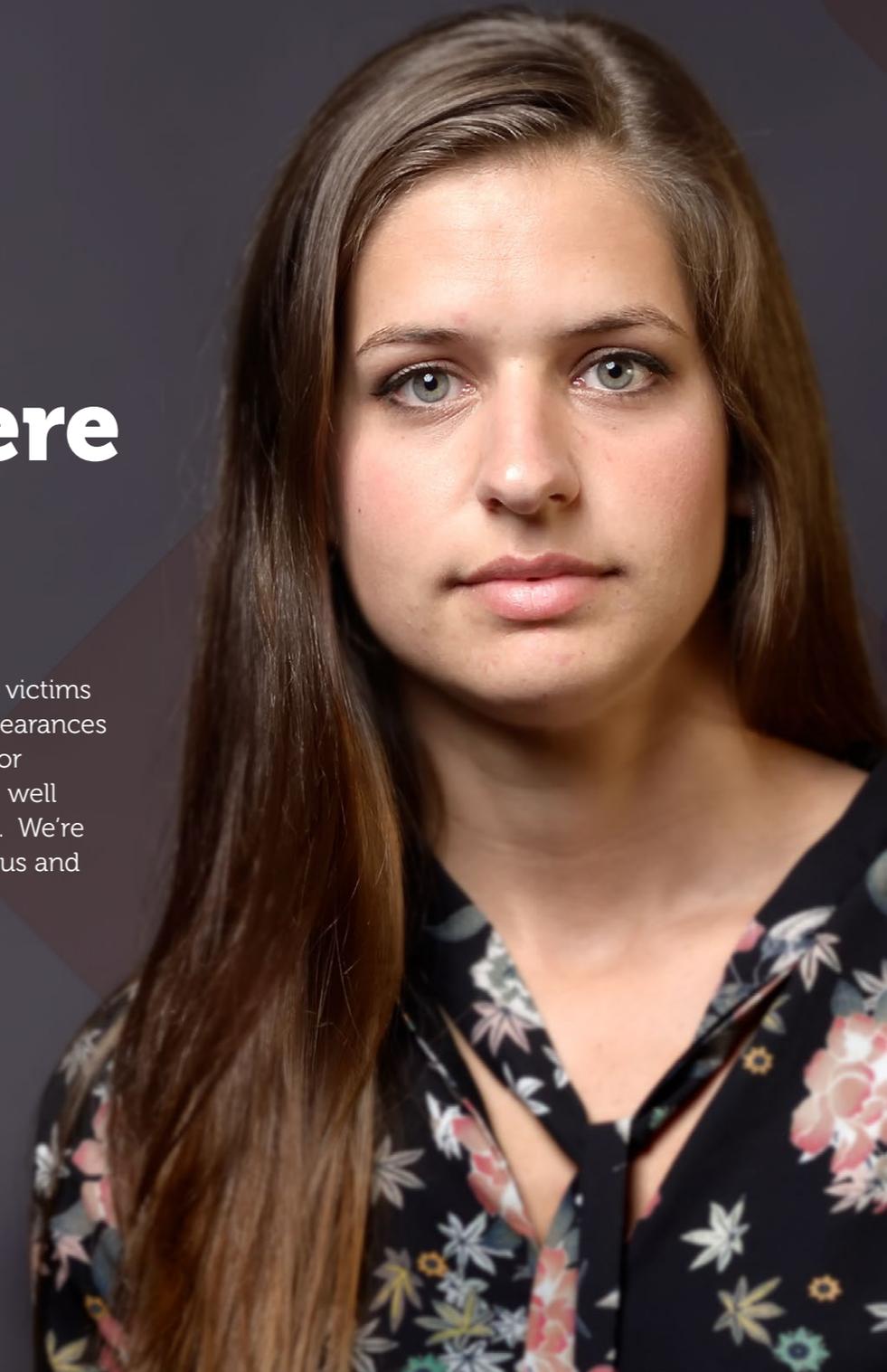
Victim Support Netherlands
Moving forward today

slachtoffer
HULP
NEDERLAND

We're here to help

Moving forward today

Victim Support Netherlands helps victims of crimes, traffic accidents, disappearances or calamities. You can rely on us for emotional and/or legal support as well as assistance in claim settlements. We're here to help, whenever you need us and however suits you best.



You can count on the best support at all times

We understand that looking to the future following a drastic event is not always easy. But you are not alone. Whether you call us, meet with us personally or chat with us online, you can count on us for the best support at all times. We can give you handy tips you can immediately work with and offer you emotional support. We help you with legal matters and assist you in obtaining any compensation you may be entitled to.



You are not alone

You can count on our reliable network of 1,700 employees and volunteers, who are there to brainstorm and take action even if you simply have a few questions to ask. Or if you do not feel like a victim but are one by law and can be assured of free support. Even just for a little while, until you get yourself back on your feet. And if you prefer to remain anonymous, that is absolutely fine.



What can Victim Support Netherlands help you with?

Dealing with stress

People who experience a life-changing event may be faced with emotional and physical symptoms. Stress manifests itself through headaches, tension, crying and recurring bad memories. These symptoms are normal and expected. Needless to say, they negatively affect your energy levels. As a result, you may feel tired or irritable and you may have trouble concentrating. We will gladly listen to your story and give you tips to help you deal with this stress. We will also keep in touch with you to check whether your symptoms are decreasing. Most people's stress symptoms decrease within six weeks. If yours have not, you run the risk of experiencing long-term psychological problems. In that case, we help you find targeted support and we share advice on how to deal with stress.

www.slachtofferhulp.nl/en/emotional-support

Compensation payments

It goes without saying that you want to receive compensation for any damages suffered. You may be able to claim your compensation through your insurer. If there is a suspect, you may be able to claim compensation through criminal proceedings. If you are the victim of serious violence or the surviving relative of a violent crime or negligent homicide, you can receive a payment through the Compensation Fund for Violent Crimes. We are familiar with the different options to claim compensation for any damages you may have suffered. We can help you get a clear insight into your damages and support you in completing the necessary forms.

www.slachtofferhulp.nl/en/compensation

Legal support

From filing a report to contacting the offender and dealing with the criminal proceedings, to many people this is all uncharted territory. We can provide you with all the information you need to notify the police or file a report, and we can give you an overview of the protective measures you can take. We help you exercise your rights and get a better understanding of the criminal proceedings. The latter serve to assess whether or not the suspect is guilty and if so, which sentence will be given upon conviction. Victims of more serious crimes and surviving relatives have the right to speak during the hearing to share their statement. We can help you prepare this statement and assist you during the actual hearing.

www.slachtofferhulp.nl/en/legal

Help your child

A crime or traffic accident may have a lasting impact on children. It is perfectly normal for children affected by such major events to not be themselves for a while. Give your child space and time to process the event. We can help you with tips and advice.

www.slachtofferhulp.nl/en/children